# Leah L. Nambajimana, B.S., MPH Curriculum Vitae

#### **CONTACT**

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#### **SKILLS & EXPERTISE**

Public Speaking | Coordination | Professional Presentations
Data Management | SPSS | Microsoft Office Suite | Time Management & Planning
Case Management | Nutrition Counseling | Medical Terminology | Regulatory Management
Community Engagement | Mentorship | Advocacy | Adaptability | Leaderhsip

#### **EDUCATION**

M.S.	Public Health	2022
	Ohio University, Athens, Ohio	
B.S.	Human Nutrition	2017
	Case Western Reserve University, Cleveland, Ohio	

#### **CERTIFICATES & TRAINING**

CS50's Introduction to Programming with Python	Enrolled	
Harvard University		
Virtual Aspiring Supervisor Program		
U.S. Department of Veterans Affairs, Fort Wayne, Indiana		
CPR & First Aid		
American Heart Association, Fort Wayne, Indiana		
Epidemiology		
Ohio University Certificate Program, Athens, Ohio		
Phlebotomy		
MedCert Training Center, Cleveland, Ohio		
Health Studies Program		
University of Cape Town, South Africa		

#### RESEARCH EXPERIENCE

#### **Present** Parkview Health

#### Research Project Leader II

- Lead the planning, coordination, and execution of multiple health services and informatics research studies.
- Contribute to grant proposals, literature reviews, white papers, presentations, and manuscripts.
- Mentor new staff and students, and delegate responsibilities effectively.

#### 2024-2025 U.S. Food & Drug Administration

#### Regulatory Health Program Manager

- Managed regulatory correspondence with 50+ companies regarding marketing authorization requests.
- Responded to inquiries within 3–5 business days, providing detailed, standardized feedback to strengthen applications.
- Drafted and edited professional correspondence using Word templates, Adobe, and Excel.
- Reviewed federal regulations and implemented project plans to meet Family Smoking Prevention and Tobacco Control Act (FSPTCA) statutory requirements.

#### **2023** Healthier Moms & Babies (HMB)

#### Data Evaluation Coordinator (Jan 2023-May 2023)

- Monitored and evaluated data across the agency and contributed to data-informed continuous quality improvement across the organization's programs.
- Worked collaboratively across all HMB programs to increase the agency's capacity to gather and evaluate quality data.

#### 2021-2023 Purdue University, Nutrition Education Program

#### **Community Wellness RESEARCH Coordinator (November 2021-January 2023)**

- Coordinated strategy design, community engagement, and assessment for county-wide health initiatives.
- Secured a \$10,000 Parkview HAT Grant to digitize the rural transportation system, enhancing access for elderly residents.
- Organized and evaluated community wellness programs focused on healthy food access and safe physical activity.
- Built collaborative advisory boards with local stakeholders to address public health challenges.

#### **2022 Ohio University**

#### **COVID Relief Tracer (January 2022- May 2022)**

• Traced the onset of COVID and ensured proper measures were taken to prevent the spread of disease on campus.

#### 2021 Purdue University, Nutrition Education Program

#### Family Nutrition RESEARCH Assistant & Instructor (April 2021-November 2021)

- Helped improve nutrition and health in limited-resource communities statewide by supporting NEP's five focus areas: diet quality, physical activity, food security, food safety and food resource management
- Prepared and taught lectures while maintaining a caseload of program participants as specified in the program criteria.

## 2018-2020 Case Western Reserve University, Population & Quantitative Health Sciences RESEARCH Associate & Study Coordinator (August 2018 - August 2020)

- <u>Genetics of Dementia/ Alzheimer's Disease in Minority Populations</u>: Recruited participants, conducted home interviews, administered cognition tests, and collected lab samples.
- <u>African American Glaucoma Genetic Project</u>: Facilitated IRB-approved project setup; collaborated with doctors, community directors, and researchers. Designed and launched the <u>Team Cooke Bailey website</u> using WordPress.

## 2016 Case Western Reserve University, Dental School Family First Program Nutrition Student Researcher (February 2016-May 2016)

- Interviewed patients about their food intake using the 24-hour recall method and nutritional tools to assess their nutritional intake to improve dental and bodily health.
- Use NutritionistPro to identify nutritional content and analyze the foods that were consumed for the purpose of proposing diet suggestions for healthy teeth.

# 2015-2016 Case Western Reserve University, Biological Sciences Department Clerical Grant Assistant (June 2015 - June 2016)

• Worked with supervisor to help ensure organization, accuracy, and promptness when preparing to write grants and receive and validate financial statements.

#### STUDENT INTERNSHIPS

#### 2020-2021 YMCA Reading Program

**Internship (August 2020- May 2021)** 

- Researched the efficacy of childhood after-school and learning programs to understand how to break barriers
- Assisted with details of the reading program

#### 2018 Prevention Research Center for Healthy Neighborhoods Student RESEARCHER

IMPACT Study & NEAP Study (February 2018-August 2018)

- <u>Ideas Moving Parents and Adolescents to Change Together (IMPACT)</u>: Constructed an informational handout for participants of the program which displayed the outcomes of the study in a visually appealing way.
- <u>Neighborhood Environment Assessment Project (NEAP)</u>: Merged six years worth of food retail data to construct a longitudinal data set. Carried out the ground-truthing (gathering objective information) and auditing process in 26 Cleveland neighborhood retail stores.
- Using PubMed, Medline, and Google Scholar, discovered that intense community education programs, home visits, support, and access to supplies are all essential in combating food insecurity, HIV prevalence, diabetes, and stunted growth in South Africa.

# 2017 Cape Town University, Health Studies Program Student RESEARCHER (June 2017 - August 2017)

Researched factors that contributed to the double burden of malnutrition (DBMN) in rural
areas of South Africa, and methods of implementing childhood health, environmental
health, and preventative health programs to help decrease the impact of those factors in
communities.

# 2016 Case Western Reserve University, Senior RESEARCH Capstone Project Seminar Instructor (August 2016-December 2016)

- Prepared and taught topics such as Reading Food Labels, Diabetes Friendly Meal Plan, & Healthy Holidays and activities that relate to advancing the health and prosperity of the participants of the YMCA Active Older Adult program.
- Constructed a research poster to present at the 2016 CWRU SOURCE: Intersections Session among a Cleveland Clinic, University Hospitals, and CWRU professionals.

# 2012-2013 Cleveland Clinic, Chronic Pain Rehabilitation Program Student Researcher (January 2012 - May 2013)

- Using SPSS, I managed the database and worked with my principal investigator on research projects, office tasks, and database management for active rehab patients.
- Focused attention on a research project, Successful Treatment of Lumbar Stenosis-Related Disability in a Comprehensive Chronic Pain Rehabilitation Program, the results of which were published in the World Spinal Column Journal.

#### **PUBLICATIONS**

- Waksmunski A, Kennedy S, Koopman-Gonzalez S, Croniger B, Laux R, <u>Cummings L</u>, Castaneda L, Richards L, Blackshire G, McIntosh B, Pike E, Trapl E, Cooke Bailey J. <u>All Eyes on Us: Community-based perspectives on eye health and vision care in Cleveland, Ohio.</u> *Investigative Ophthalmology & Visual Science*. June 2021; Vol.62; 1718.
- 2. Scheman J, Hadlandsmyth K, <u>Cummings L</u>, Benzel E. **Successful Treatment of Lumbar Stenosis-Related Disability in a Comprehensive Chronic Pain Rehabilitation Program**. *World Spinal Column Journal*. 2015; 2: 75-78.

#### PROFESSIONAL PRESENTATIONS

Women on a Mission

Christian Marriage, Divorce & Success Rates

**2023** Fort Wayne House of God

Wellness & Nutrition as You Age

**2021** Ohio University

Master's Capstone Presentation

YMCA Childcare Program Reading & Health Outcomes

2018 Prevention Resource Center for Healthy Neighborhoods

**Intern Final Presentation** 

Neighborhood Environmental Assessment Project

**2017** University of Cape Town

Health & Community Development Symposium Double Burden of Malnutrition in South Africa

**2016** Case Western Reserve University

SOURCE: Intersections Session

Nutrition Education for Older Adults: Eating Well As You Age

**2014** Case Western Reserve University

Sustained Dialogue Presentation

Transforming Relationships... Designing Change

#### **SERVICE**

**2025-Pres.** YouTube Content Creator

Creates relaxing meditative faith-based videos for study, prayer, meditation, or leisure.

2025-Pres. Renaissance YMCA Board Member

Attends monthly meetings, serves on two committees, and donates financially to the YMCA. Contributes my ideas, methodologies, and support to the board team.

2024-Pres. Women on a Mission Founder

Recruited married women to attend sessions and form a community of women who encourage each other in the faith as wives, mothers, and friends to prevent the onset of divorce.

2021-Pres. Fort Wayne House of God, Media Team Leader

Leads the media team in weekly church operations (i.e. church slides, file type conversion, projection troubleshooting).

2021-Pres. Fort Wayne House of God, Nurses Ministry President & Event Coordinator

Leads a team of nurses to cater to the needs of the pastor and congregation. Coordinated four events to help generate funds for the purpose of the Church/ Pastor Appreciation.

2015-2020 Shiloh Temple House of God, Youth Conference Committee

**Executive Member** 

Planned the program, constructed food and health documents for distribution, facilitated fundraising, and donated money for the cause of the youth conference.

2018 Shiloh Temple House of God, Community Back to School Give Away

Nutritionist

Using USDA guidelines, prepared interactive activities and informative handouts for recipients of the school giveaway.

Donated lunch boxes and nutritional snacks.

2016-2018 Shiloh Temple House of God, Community Food Bank

Volunteer

Greeted guests, prepped produce, and distributed food.

2017 Ohio Academy of Nutrition & Dietetics Annual Conference

**Volunteer Page** 

Greeted and assisted attendees and speakers of the conference.

2016-2017 Case Western Reserve University, Student Dietetic Association

President (January 2016-January 2017)

Delegated duties amongst the executive committee to ensure the completion of goals and success of events including: 'World Food Day' and 'Professional Development Day'. Networked with students and professionals to spread awareness of the importance of nutrition and health on campus and improve campus engagement by 60%.

2015-2016 Case Western Reserve University, Didactic Internship Advisory Board

**Student Representative (January 2016-January 2017)** 

As a representative for the student body in the Didactic Program in Dietetics, assisted in proposing alterations in the structure and curriculum of the program alongside nutrition professors.